

The Natsuyasumi Project
Natsu Camp 2025

July 28, 2025
- August 1, 2025

'25 Camp Guidebook



Sapporo | Hokkaido

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Foreword

In a world that moves fast, we chose to pause. To gather with intention, to listen with humility, and to reflect before we embark.

Natsu Camp is more than a summer program. It is a space for curiosity, questions, and courage. Here, across borders and disciplines, you will explore not just knowledge, but different ways of seeing and being.

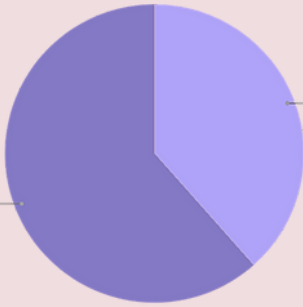
We believe in learning that is both rigorous and kind. In voices that are young yet wise. In communities that challenge as much as they care.

As you turn these pages and step into the week ahead, we invite you to carry what matters most to you, and to begin asking: **Who am I? What do I want to become?**

May you leave not only with answers, but with the resolve to keep asking and the tools to find your own way.

Sex*

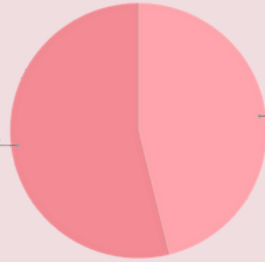
Female
61.5%



Male
38.5%

Residence

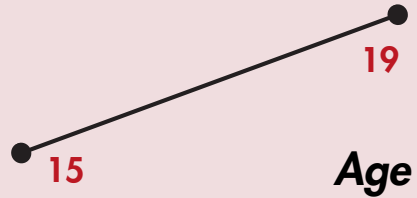
Lives Outside...
53.8%



Lives in Japan
46.2%

*Legal sex (as reported by applicants)

Countries



Age

'25 Cohort Profile

Course Offerings

1

The Future of Medicine

Instructor: Dr. Xueji Zhang

2

Sound, Story, and Self

Instructor: Shogo Takatsu

3

Modern Japanese History

Instructor: Eric Senkit Suen

4

Impact Lab

Instructor: Sharon Shen

5

Medical Data Science

Instructor: Caroline Cheng

6

Beyond Earth

Instructor: Kohei Oyama

7

East Asia and the World

Instructor: Yifan Xu

8

Literary Criticism

Instructor: Lauren Barnes

Program Schedule

	Day 1: 7/28	Day 2: 7/29	Day 3: 7/30	Day 4: 7/31	Day 5: 8/1
09:00 – 09:40	/	East Asia and the World	The Future of Medicine	East Asia and the World	East Asia and the World
09:45 – 10:25	/	Impact Lab		Modern Japanese History	
10:30 – 11:10	Orientation	Team Preparation		Sound, Story, and Self	Sound, Story, and Self
11:15 – 11:55		Beyond Earth	Impact Lab (Ria)	Literary Criticism	Team Preparation
12:00 – 13:00	Lunch	Lunch	Brief Lunch	Lunch	Lunch
13:00 – 13:40	Literary Criticism	Beyond Earth	Team Field Trip	Team Preparation	Team Preparation
13:45 – 14:25	Impact Lab	Medical Data Science		Medical Data Science	Final Presentation
14:30 – 15:10				Modern Japanese History	
15:15 – 15:55	Modern Japanese History	Career Workshop		Closing Ceremony	
16:00 – 16:40					Special Session
16:45 – 17:25	Dinner	Dinner	Dinner	Dinner	
17:30 – 18:40	Dinner	Dinner	Dinner	Dinner	/
18:40 – 20:30	Let's Begin	Movie Night	Letter to Myself	Talent Show	/

Default Location: Continental Building, 11-1-302 Minami 1 Jonishi, Chuo Ward Sapporo, Hokkaido 060-0061

Let's Begin & Movie Night: Shared House, 15-chōme-2-8 Minami 5 Jōnishi, Chūō-ku, Sapporo, Hokkaido 064-0805

Talent Show: Day&Night Music Cafe, 11 Chome Minami 1 Jonishi, Chuo Ward, Sapporo, Hokkaido 060-0061

Letter to Myself: Shared House, 15-chōme-2-8 Minami 5 Jōnishi, Chūō-ku, Sapporo, Hokkaido 064-0805

Dinner: July 28~July 30 at Shared House (as above); July 31 at Music Cafe (see above); light meals provided at Closing Ceremony

1. Be Respectful

Treat everyone with kindness and consideration. Bullying, exclusion, or discrimination of any kind is strictly prohibited and may result in immediate dismissal from the program.

2. Be Present

Attend all activities and be on time. Let staff know if you're unwell or need support.

3. Follow Safety Guidelines

Listen to staff instructions, especially during off-site trips or emergencies.

4. Keep Quiet Hours

Respect quiet hours (9:30 p.m. – 7:00 a.m.) so everyone can rest.

5. Keep Spaces Clean

Clean up after yourself in dorms, classrooms, and common areas.

6. Use Devices Mindfully

No digital devices are allowed during class unless instructed by staff. Limit phone use during group time to stay engaged.

7. No Alcohol, Drugs, or Smoking

These are strictly prohibited during camp.

8. Respect Privacy

Don't take or share photos or videos of others without permission.

9. Respect Boundaries

Romantic or physically intimate behavior is prohibited. Help keep camp safe and inclusive for all.

10. Speak Up

If something feels wrong or unsafe, talk to a staff member. We're here to support you.

Rules & Expectations

Emergency & Natural Disasters



In Case of **Earthquake**

- Drop, cover, and hold on. **Get under a sturdy desk or table** and **protect your head and neck**.
- **Stay indoors** until the shaking stops. **If you are outside, move to an open area** away from buildings, trees, and power lines.
- After the shaking stops, **follow staff instructions** and evacuate if needed.
- Do NOT use elevators.
- Be alert for **aftershocks**.



In Case of **Fire**


- **Stay calm** and evacuate immediately.
- Follow **exit signs** to the nearest safe route.
- Do NOT use elevators.
- If there's smoke, **stay low** and **cover your nose and mouth**.
- Go to the designated **assembly point** and stay with your group.
- Do NOT re-enter the building until staff or emergency services say it's safe.



Emergency **Contact**

- **Police (Emergency Only): 110**
- **Fire / Ambulance: 119**
- **Japan Visitor Hotline: 050-3816-2787**
24/7, multilingual, for general emergency
- **Emergency Medical Consultation Center Sapporo:**
#7119 or **011-272-7119**
24/7, multilingual

Program Contact

 General Inquiries

070-4087-9253

 24-Hour Urgent Line

Provided upon enrollment

 Email

info@natsuproject.org

 Class Director, Hitoshi

Provided upon enrollment

 **In the Event of an Emergency:**

Always call **110** for police and **119** for an ambulance/fire.
Do NOT call the program's urgent line for life-threatening situations.

The Natsuyasumi Project

